



## Video Telehealth - Maternity Connected Care QUICK SETUP GUIDE

- 1 Your maternity care will be provided via a combination of video Telehealth and face-to-face appointments.
- In preparation for your video telehealth appointment, download the HeraCARE App from the App Store or from Google Play.



- Next, complete your registration via the email invitation you receive from HeraMED, which we will arrange to be sent to you (please let us know if you don't receive this in time for your appointment).
- Login to the HeraCARE App with the login details you created during the registration process. Your username will be your email address and the password you set.

When you have a telehealth appointment scheduled, your phone will ring as a HeraCARE call. Press the 'video' or 'HeraCARE' button for video connection with your doctor or midwife.

If you have any trouble getting set up please email us on HeracareTeam@ramsayhealth.com.au









**DID YOU KNOW?** As a maternity patient at Joondalup Health Campus, you have the exclusive opportunity to become part of The ORIGINS Project.

A collaboration between Joondalup Health Campus and the Telethon Kids Institute, The ORIGINS Project is collecting detailed information on how a child's early environment and parents' physical health and genetics influence the risk of a wide range of health conditions such as asthma, eczema, food allergies and autism.

Amongst other benefits, ORIGINS families receive free child health and development checks and free allergy testing at one, three and five years of age, with results and feedback provided to you and your GP.

Find out more by <u>visiting the ORIGINS website</u>, scanning the QR code or calling the team on 9408 3118.