

Infant Stool (poo) Sample Instruction Sheet

Thank you for your participation in The ORIGINS Project. Following are instructions on how to collect your infant's stool (poo) sample at home.

Stool sample analysis is valuable to ORIGINS, as there is growing evidence to suggest that patterns of 'friendly bacteria' in our gut have a strong influence on our developing patterns of metabolism and immunity.

If your baby has diarrhoea, please do not collect a stool sample.

Before collecting any samples, please plan how you will get your samples to the ORIGINS team by scanning the QR code or following the link for more information:



https://originsproject.telethonkids.org.au/for-participants/sample_collection/

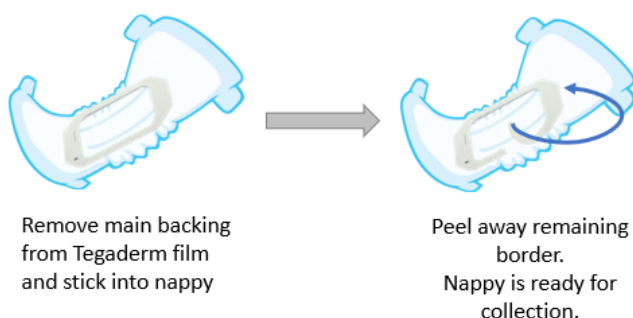


STEPS FOR INFANT STOOL SAMPLE COLLECTION

1. Try to collect the stool sample as close to the timepoint as possible. You can collect the sample a couple of weeks prior to your appointment and store it in your freezer if that is more convenient.
2. Check your stool sample kit contains:

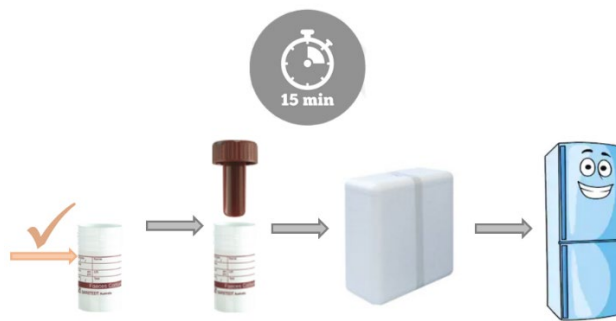


- 1 x stool collection pot with scoop in lid
 - 1 x pair of gloves
 - 1 x Tegaderm Film (2 month pack only)
 - 1 x esky (given at first ORIGINS appointment)
 - 1 x Stool Request Form
3. Tegaderm film has been provided (in the two-month pack only) to prevent stool being absorbed into the nappy. If your baby's stool is runny, please place film in the nappy first.



4. When your baby has soiled their nappy, remove your baby's nappy and place on a clean surface.
5. Put gloves on.
6. Use the scooped lid of the collection pot to collect the sample.
7. Please try your best to fill the pot to the top of the label.
8. If possible, try to collect stool from the middle of the bowel movement.
9. Place lid on the pot and seal tightly to prevent leakage. Discard the remaining stool and nappy.
10. Write the date of collection on the tube.
11. Place pot in esky provided and place immediately in the freezer.

The stool sample must be frozen within 15 minutes of collection but can stay in your freezer for as long as you need until you are ready to hand samples in to ORIGINS.



Thank you for being a part of this valuable research.

Any queries please contact The ORIGINS team

☎ 9408 3118

✉ ORIGINSproject@telethonkids.org.au

www ORIGINSproject.telethonkids.org.au